



Wheelchair etiquette for able body teens!

- 1** Don't stare if you have a question or want to talk to the person. Go up to the person and talk to them. They are just like you but have an injury.
- 2** Do not lean on or touch a person's wheelchair without their permission, as the wheelchair is a part of the person and it may be seen as an invasion of personal space.
- 3** Always ask the person if they would like help. Don't assume they can't do something.
- 4** Talk directly to the person. Do not talk as if they are not there.
- 5** Be mindful of the time it may take a person with a disability to do everyday tasks.
- 6** It is ok to use words like running or walking.
- 7** Do not say, "You need a horn on that thing" or use jokes about the wheelchair unless you know the person.
- 8** Do not assume someone in a wheelchair cannot open doors.
- 9** Do not assume being in a wheelchair is a tragedy. People live very independent lives.
- 10** If you are going to have an extended conversation with a person in a wheelchair, bring yourself to eye level so that they are not straining their neck looking up at you.



Disclaimer: This fact sheet is for education purposes only. Please consult with your doctor or other health professional to make sure this information is right for you.